



SLP007/EN

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B&M Srl - Marketing nel Benessere  
Via L. Bruni, 25 - Milano - ITALY



# SLIM & SHAPE

STEP BY STEP  
CUPPING

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BALDAN GROUP



# Cupping

The massage with silicone cups increases the product function, promotes fluid drainage and reduces cellulite.

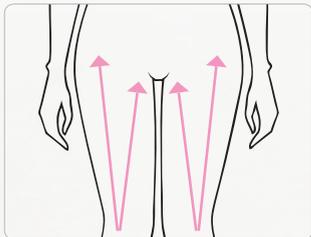
**Instructions for use:** after applying the contents of the Triaction BodyCaps on areas to be treated, place the cup on the skin, tightening and releasing its walls, thus obtaining a vacuum on the skin. Massage following the lines shown in the diagram, until the product is absorbed.

Redness of the treated area is perfectly normal.

We recommend lingering also on areas with stretch marks.

**Protocol:** begin treatment with a shock phase entailing the use of a Triaction BodyCaps per day, following with application of cream or gel. *[For those who also follow an in-salon protocol, avoid applying Triaction BodyCaps on treatment day.]*

Once the treatment with Triaction BodyCaps has been completed, continue with the application of gel or cream.



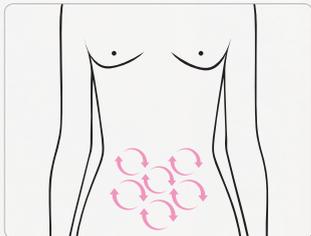
## “SMOOTHING”

THIGHS AND CALVES  
perform several linear **back and forth** movements.



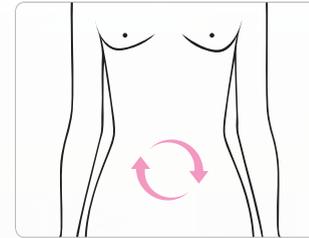
## “SPIRAL”

THIGHS AND CALVES  
perform several **circular movements**.



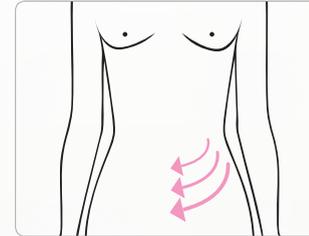
## “SPIRAL”

BELLY  
perform several **circular movements** around the navel.



## “SMOOTHING”

BELLY  
always massage clockwise **around the navel** with linear movements.



## “SMOOTHING”

HIPS  
massage from the **outside towards the navel** with linear movements.



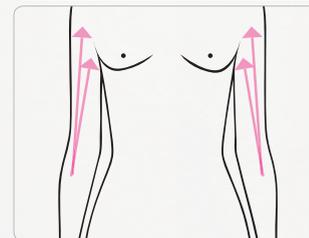
## “SMOOTHING”

BUTTOCKS  
perform several linear **back and forth** movements.



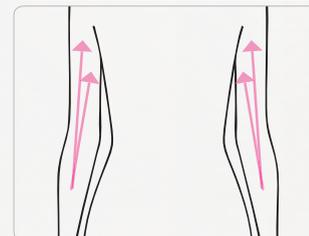
## “SPIRAL”

BUTTOCKS  
perform several **circular movements**.



## “SMOOTHING”

ARMS  
perform several linear **back and forth** movements.



## “SMOOTHING”

ARMS  
perform several linear **back and forth** movements.